

What the StoneWater Zen Centre Trust does

- Supports a teacher in White Plum lineage, David Keizan Scott Sensei, who provides support for Zen Buddhism in UK, both to individuals & groups, and ensures growth of Maezumi Roshi's and Tenshin Roshi's lineage in the UK
- Manages the StoneWater Zen Centre Liverpool
- Supports StoneWater Zen Lakes Centre
- Provides instruction and advice for beginners to Zen meditation practice in Liverpool and beyond, both personally and by email
- Supports and develops the Zen practice of experienced students from across the UK, both personally and by email. Jukai, Tokudo and Shusso Hossen ceremonies are scheduled as required.
- Supports Zen groups across UK including London, West Yorkshire, Kent, Northamptonshire & Sheffield
- Brings noted UK & international teachers to our UK retreats
- Supports Zen Buddhism in UK (and beyond) through our website offering advice & support to individuals & groups
- Makes & provides meditation equipment e.g. mats & cushions to associated groups
- Offers outreach work including talks & meditation sessions for school students & conferences, supports practitioners working in prisons, and is developing contacts with local community projects in Liverpool.
- Represents Zen Buddhism at multifaith events in Merseyside & across UK

Regular activities

The following is a list of weekly zazen sessions:

- At the Liverpool zendo 6 times per week
- At the home of a senior practitioner in Liverpool once per month
- In London, West Yorkshire, Kent, Northamptonshire & Sheffield at least once per week with additional sessions organised by local group leaders

In addition:

- A monthly 'A Time to Talk' support group
- Monthly classes for beginner practitioners in Liverpool
- Themed workshops
- A Whats App sitting group

Residential retreats are organised as follows:

- Twice yearly retreats at Crosby Hall for practitioners from across the UK and beyond, with subsidised places for people on low incomes
- An annual Rohatsu retreat either in the Lakes Zendo or the Liverpool Zendo
- At least three 'Retreat to the City' themed events in the Liverpool Zendo
- A month long Shusso training retreat in the Lakes Zendo

Other ongoing activities include:

- Maintaining and updating the StoneWaterZen.org website including posting practitioners written articles relating the their zen practice in everyday life
- Producing a regular themed e-newsletter
- Recording and uploading dharma talks so they are available for the sangha both in the UK and abroad
- Developing policies as required
- Maintaining the archive

Activies 2001 - 2010 (*This is not a definitive list*)

- June 2001. Plynlimon Mountain retreat with Ken Jones, Dave Keizan Scott Sensei assisting.
- May 2003 Llwynprenteg Mid-Wales. Dave Keizan Scott Sensei teaching
- March 2005: Crosby Sesshin with Tenshin Fletcher Roshi & Dave Keizan Scott Sensei
- April 2005: Big Mind workshop led by Dave Keizan Scott Sensei
- April 5th: Dharma talk at Liverpool Zendo by Tenshin Fletcher Roshi
- April 2006: Crosby Sesshin with Tenshin Fletcher Roshi & Dave Keizan Scott Sensei
- August 2006 Chester Sesshin with Sensei and Ken Jones.
- Feb 2007: Vimalakurti weekend, Lakes
- March 2007: Crosby Sesshin with Tenshin Fletcher Roshi & Dave Keizan Scott Sensei
- August 2007 Chester Sesshin with Sensei and Ken Jones.
- Oct 2007: Lakes with Dave Keizan Scott Sensei
- Dec 2007: Lakes with Dave Keizan Scott Sensei
- August 2008: Crosby Sesshin with Tenshin Fletcher Roshi & Dave Keizan Scott Sensei
- August 2008 Chester Sesshin with Sensei and Ken Jones.
- October 2009: Crosby Sesshin with Tenshin Fletcher Roshi & Dave Keizan Scott Sensei
- April 2010: Crosby Sesshin with Dave Keizan Scott Sensei & Ken Jones
- June 2010: Lakes with Dave Keizan Scott Sensei
- Aug 2010: Lakes with Dave Keizan Scott Sensei
- Dec 2010: Lakes Rohatsu with Dave Keizan Scott Sensei

- **Dave Keizan Scott Sensei officiated 19 Jukai ceremonies**

2011

Sesshins

- Feb 13-17: Lakes Retreat with Dave Keizan Scott Sensei
- March 16-19: Liverpool 'Retreat to the City' & Jukai ceremony
- April 10-15: Crosby Sesshin with Ken Jones & Dave Keizan Scott Sensei
- June 13-17: Lakes Retreat with Dave Keizan Scott Sensei
- July 27-30: Liverpool 'Retreat to the City' with John Suigen Kenworthy
- May 6-12: Lakes Retreat with Dave Keizan Scott Sensei
- June 3-7: Lakes Retreat with Dave Keizan Scott Sensei
- August 15 - 19: Lakes Retreat with Dave Keizan Scott Sensei
- Sept 26-30: Lakes Retreat with Dave Keizan Scott Sensei
- October 23-29: Crosby Sesshin with Tenshin Fletcher Roshi & Dave Keizan Scott Sensei
- Nov 21-25: Liverpool 'Retreat to the City' with John Suigen Kenworthy
- Dec 7-11: Lakes Rohatsu Retreat with Dave Keizan Scott Sensei

Other SWZ Liverpool

- May 7-22: Sangha visit to Zen Mountain Center, no retreats in May

• Dave Keizan Scott Sensei officiated

- 4 Jukai
- 3 Tokudo ceremonies

2012

Sesshins

- March 2012: Crosby Sesshin with Dave Keizan Scott Sensei and Ken Jones
- June 2012: Lakes retreat with Dave Keizan Scott Sensei
- July 2012: Liverpool 'Retreat to the City' with John Suigen Kenworthy and meeting of all-SWZ affiliated monks L'Pool SWZ Centre
- July 2012: Beaulieu Southampton Zazenkai led by Jez Yushin Lovekin
- August 2012: Lakes 5 Day Samu retreat with Dave Keizan Scott Sensei
- Oct 2012: Crosby sesshin with Dave Keizan Scott Sensei and Tenshin Fletcher Roshi
- Dec 2012: Lakes Rohatsu retreat with Dave Keizan Scott Sensei

Other SWZ Liverpool

- April 2012: Dave Keizan Scott Sensei led a Big Mind weekend with the Felixstowe Nohandszen group led by Jan Koan Candy.
 - May 2012: Dave Keizan Scott Sensei attended annual White Plum Asanga meeting at Zen Mountain Monastery, New York State.
 - Schedule of 6 weekly sittings in L'Pool began
 - Form Guide created for sangha members
 - Two school visit SWZ Centre L'Pool
 - Sept 2012: Dave Keizan Scott Sensei and Suzanne Tsuko Adey visited Tallinn, Estonia to support the Estonian sangha.
 - Nov 2012: Dave Keizan Scott Sensei attended Paris meeting of the successors of Genpo Roshi
 - Nov 2012: Liverpool 'Retreat to the City' with John Suigen Kenworthy
 - Nov 2012: 10th year anniversary celebration at the Liverpool Zendo and renaming of the centre to 'StoneWater Zen Centre Liverpool'. The centre was given a facelift with a new colour scheme and smart new flooring in the entrance area with a new logo on the floor vinyl. In addition the whole building was given a facelift with improved signage,
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- **Dave Keizan Scott Sensei officiated 4 Jukai ceremonies**

2013

Sesshins

- January 2013: Lakes 5 day Silent Retreat with Keizan Sensei and John Suigen Kenworthy
- March 2013: Crosby Sesshin with Dave Keizan Scott Sensei and Ken Jones
- May 2013: Liverpool 'Retreat to the City' with John Suigen Kenworthy
- Oct 2013: Crosby sesshin led by Dave Keizan Scott Sensei and Tenshin Fletcher Rhoshi

Other SWZ Liverpool

- March 2013: Dave Keizan Scott Sensei lead zazen at Tim Steele's Dojo in Hayes, Kent
- August 2013: Lakes - first UK training period for John Suigen Kenworthy. This was followed by a head monk, Shuso Hosen ceremony at the end of the training period officiated by Dave Keizan Scott Sensei.
- **Dave Keizan Scott Sensei officiated**
- 10 Jukai ceremonies
- 1 Shuso Hosen ceremony for John Suigen Kenworthy

2014

Sesshins

- April 2014: Crosby retreat led by Dave Keizan Scott Sensei and Ken Jones
- Sept 2014: Liverpool 'Retreat to the City' with John Suigen Kenworthy
- Oct 2014: Crosby Sesshin led by Tenshin Fletcher Roshi and Dave Keizan Scott Sensei.
- Dec 2014: Lakes Rohatsu retreat with Dave Keizan Scott Sensei

Other SWZ Liverpool

- August 2014: Lakes - training period for Andy Tanzan Scott. This was followed by a head monk Shuso Hosen ceremony at the end of the training period led by Dave Keizan Scott Sensei.
- Sept 2014: Dave Keizan Scott Sensei attended the Shiho (Transmission) ceremony for David Jokai Blackwell at Yokoji Mountain Centre, California.
- Oct2014 : Talk on 'Bearing witness' to the Manchester Buddhist Convention by John Suigen Kenworthy
- **Dave Keizan Scott Sensei officiated**
- 3 Tokudo
- 1 Shuso Hossen ceremony for Andy Tanzan Scott

2015

Sesshins

- April 2015: Crosby sesshin with Dave Keizan Scott Sensei.
- June 2015: Liverpool 'Retreat to the City' with John Suigen Kenworthy
- Feb 2015: Liverpool 'Retreat to the City' with John Suigen Kenworthy
- June 2015 : "Art of Dying" retreat in Lakes led by Jez Yushin Lovekin.
- Oct 2015: Crosby Sesshin led by Tenshin Fletcher Roshi and Dave Keizan Scott Sensei.

Other SWZ Liverpool

- June 2015: Safeguarding policy agreed and signed by Trustees
- July 2015: The Liverpool Sangha held a fundraiser for the Nepal earthquake at the Pen Factory. It was attended by friends of Andy Tanzan Scott and Jenny Shoshin Best from Katmandu who distributed the funds raised on return to Nepal. The evening was a great success and raised £6,016.36p
- Relaunch of newly developed website
- Oct 2015 Andy Taizan Scott represented SWZ at Manchester Buddhist Convention and was a speaker on a panel. This was also attended by John Suigen Kenworthy

StoneWater Zen North London - Tony Shinro Doubleday

- Continued to meet every two weeks on a Wednesday evening. Since 6th May 2015 meetings held every week by popular demand.
- Meetings on one Saturday morning each month throughout this twelve month period.

StoneWater Zen Northampton - Alasdair Taisen Gordon-Finlayson

- Continued to meet weekly
- July 2014 commenced 4-6-weekly visits to St Andrews Healthcare (medium- & low-secure mental health hospital) as Buddhist Visitor
- Sept-Dec 2014 mindfulness courses for the university staff
- Feb-Apr 2015 mindfulness courses for the university staff
- April 2015 a one day retreat

StoneWater Zen Derbyshire - Mark Shawcroft

- Weekly zazen in Sheffield.

StoneWater Zen Bromley, Kent - Tim Zenki Steel

- Zazen in Keston, Kent 3 times a week: Saturday and Wednesday mornings and Tuesday evenings.
- **Dave Keizan Scott Sensei officiated 7 Jukai ceremonies**

2016

Sesshins

- March 2016: Crosby sesshin with Dave Keizan Scott Sensei.
- August training period in the lakes for Tony Shinro Doubleday. followed by Shuso Hossin ceremony.
- Oct 2016: Crosby sesshin with Dave Keizan Scott Sensei.
- Dec 2016: Liverpool Rohatsu retreat with John Suigen Kenworthy

Other SWZ Liverpool

- Feb 2016 A monthly sitting group commenced at the home of Miranda Wuyu Forward
- May 2016 John Suigen Kenworthy attended the Sheffield/ Bolsover SWZ group (Mark Shawcroft) and gave a talk on Beginning Zen.
- Launch of e-newsletter
- Oct 9th 2016: Commencement of 'A Time to Talk' – a monthly support group in Liverpool led by Miranda Wayu Forward and Alan Kaishin Crawford. This provides sangha members with an opportunity to talk with other sangha members, in confidence and in mutual support, about any issues may be confronting them.
- **Walk Into the Fan**
A film maker, Beth Karaski, filmed in the StoneWater Zen Centre in Liverpool during some sittings and services. This was as part of filming a profile of Keizan Sensei. The 13 minute video, called 'Walk Into The Fan', is available on YouTube:
<https://www.youtube.com/watch?v=ZxTvLSUPTrw&feature=youtu.be>

StoneWater Zen Northampton - Alasdair Taisen Gordon-Finlayson

- Feb 2016 Alasdair Taisen Gordon-Finlayson attended the Buddhist assembly at Eastfield Academy Northampton
- March 2016 - Alasdair Taisen Gordon-Finlayson led a Zen session at University of Northampton Meditation Society
- May 2016 - Alasdair Taisen Gordon-Finlayson gave a talk and led a zazen session with Leicester Theosophical Society

StoneWater Zen North London - Tony Shinro Doubleday

- Continued to meet every weeks on a Wednesday evening.
- Meetings on one Saturday morning each month throughout this twelve month period.

StoneWater Zen Bromley, Kent - Tim Zenki Steel

- Zazen in Keston, Kent 3 times a week: Saturday and Wednesday mornings and Tuesday evenings.
- Oct 9th 2016: Kent - A morning of meditation led by Tony Shinro Doubleday

StoneWater North Wales - Karen Shoji Robbie

- Helped set up a woman's circle June 2016. This is a monthly gathering. Karen begins the circle with one half-hour zazen/ sometimes posture instruction. There is usually 7/8 in this group. As it's monthly a different person will lead the morning. When it's Karens turn my focus is zen: zazen, brief talk and discussion. It's a eclectic group.

• Dave Keizan Scott Sensei officiated

- **3 Jukai**

- **4 Tokudo**

- **1 Shuso Hossen ceremony for Tony Shinro Doubleday.**

- John Suigen Kenworthy, Andy Tanzan Scott made assistant teachers 01/07/2016
- Jez Yushin Lovekin and Karen Shoji Robbie made assistant teachers 28/10/2016

2017

Sesshins

- Jan 2017: Lakes Silent retreat with Dave Keizan Scott Sensei supported by John Suigen Kenworthy
- April 2017: Crosby Sesshin led by Tenshin Fletcher Roshi and Dave Keizan Scott Sensei
- June 2017: Retreat to the City led by John Suigen Kenworthy
- August 2017: Month long training period in the lakes run by Alasdair Taisen Gordon-Finlayson followed by a Shuso Hossin ceremony
- Oct 2017: Crosby sesshin led Dave Keizan Scott Sensei and Tony Shinro Doubleday.
- Dec 2017: Rohatsu in Liverpool led by John Suigen Kenworthy

Other SWZ Liverpool

- The StoneWater website was rebuilt. This was a major piece of work
- Change of emphasis of newsletter and increase of importance for communication. Frequency changed to quarterley.

- **SWZ Liverpool Beginners Sessions**

These continued throughout the year for people who are new to StoneWater Zen practice. The sessions attract a whole range of people from those with no prior experience of meditation to those who may already have a mature practice, possibly gained within other Buddhist traditions. The sessions are open to anyone regardless of level of experience and interest. For some this can be the beginning of a life-changing journey into a spiritual practice. For others it perhaps can simply satisfy a curiosity excited by the current vogue for 'mindfulness' or the weird tales heard about the strange antics of Zen monks.

The sessions are held at the Stone Water Liverpool Zen centre on a Saturday afternoon during most months of the year.

Initially the focus is on developing good posture and breathing; the history of Zen and the development of the StoneWater Sangha as a community of lay practitioners led by Keizan Sensei. People are then encouraged to attend a further Saturday morning session or 'Zazenkaï'. Here senior students are available to give more direction on developing good posture and breathing when sitting, on developing a practice at home and in daily life, and on the various forms and liturgy which support our practice.

The sessions are generally well attended and are also supported by other members of the sangha.

- **StoneWater Zen Sangha WhatsApp Group** developed by Jutta Keijo Pieper

Anyone who has WhatsApp on their phone can join in and let others know via a written message when and for how long they are going to sit (for example Sangha members at home).

If you get lucky you will get a reply from another person in the group who has time and is happy to join you for a sitting. This is a wonderful support that encourages us to sit outside the regular Sangha sitting schedule in the Centre and is especially great for Sangha members that live further away from Liverpool but like to sit with other Sangha members.

- **A Time to Talk**

The group continues to meet on the third Sunday of the month from 3pm to 5pm and is open to all sangha members, either to drop in or to attend on a regular basis.

- **Sitting at Miranda's**

Miranda, a long-time sangha member and ordained monk, cannot for the time being manage the stair climb into the Liverpool zendo. As a support for mutual practice Miranda, with Sensei's support, invites sangha members to sit zazen at her home once a month from 2 pm - 4 pm.

- **Family group** began convened by Colin Shinjo Salmon

North Wales - Karen Shoji Robbie

- Co-lead Stillness and Growth Workshops. Started November 2017. Karen lead this group with a fellow buddhist of a different tradition. Usually about 10 people attend. The focus is on meditation and posture. Karen gives a short talk and includes time for discussion, reflection and group work.
- Monthly womens circle continues

StoneWater Zen North London - Tony Shinro Doubleday

- Sitting group in Hackney City Farm each Wednesday from 7.00 - 9.00 pm + 1 Saturday morning each month (usually the 2nd Saturday) 10.00 am - 1.00 pm)
- Monthly morning sessions in Hayes Kent 10.00 - 1.00 pm, usually the second Sunday

StoneWater Zen Bromley, Kent - Tim Zenki Steel

- Regular weekly sitting continue.
- Monthly classes on a Sunday morning in Hayes Kent led by Tony Shinro Doubleday (not August and February)

StoneWater Zen Northampton - Alasdair Taisen Gordon-Finlayson

- Feb 2017: Northampton Zen Practice Day Collingtree village hall led by Alisdair Taisen Gordon-Finlayson which attracted a record 11 people including Clive Tenryu Lindley-Jones, a few first-timers including a number of curious psychology lecturers from University of Northampton and a new man from Birmingham. The talk was about the koan "Jizo's 'Not Knowing is Most Intimate'".
- Feb 2017: Attended a meeting of the University of Northampton Meditation Society where he talked about Zen and personal relationships.
- Sitting group continues to meet weekly throughout the year on Wednesday evenings. We hold service on the first week of the month, and there are interviews on the third week of the month for those who want them. Additionally, try to arrange around 3-4 zazenkai during the year.
- Chaplaincy Visitor at St Andrews Mental Health hospital.
- Attended the Network of Buddhist organisations AGM last year as the SWZ rep

- **Dave Keizan Scott Sensei officiated**

- 3 Jukai,

- 2 Tokudo

- 1 Shuso Hossin ceremony for Alasdair Taisen Gordon-Finlayson

2018

Sesshins

- Jan 2018: Lakes Silent retreat with Dave Keizan Scott Sensei supported by John Suigen Kenworthy
- April 2018: Crosby sesshin with Dave Keizan Scott Sensei and Tony Shinro Doubleday.
- May 2018: Retreat to the City led by John Suigen Kenworthy
- August 2018: Month long training period in the lakes run by Keith Shingo Parr followed by a Shuso Hossin ceremony
- Oct 2018: Crosby sesshin with Dave Keizan Scott Sensei and Tony Shinro Doubleday.

Other SWZ Liverpool

- April 2018: David Keizan Scott, Sarah Kokai Thwaites and Stephan Shigetsu Sundermeier attended the European Buddhist Convention conference in Malaga, 13 to 15th April, 2018
- May/June 2018: 3 Zen and Movement workshops led by Jutta Keijo Pieper
- September 2018: Body and Mind retreat and workshop led by **Andy Tanzan Scott**
- StoneWater Zen Sangha WhatsApp Group continued
- SWZ Liverpool beginners sessions continued on a monthly basis
- Monthly sitting at Miranda's continued
- Monthly "A time to talk" sessions continued
- Family group convened by Colin Shinjo Salmon continues

StoneWater North Wales - Karen Shoji Robbie

- Monthly woman's circle continues.
- Stillness and Growth Workshops. There have been 3 since November 2017
- 19th May 2018 a Zen Meditation Workshop for Women 'How To Bring Stillness Into Our Everyday Lives'. This is an introduction to zen with zazen, posture instruction, meditation instruction, two half-hour periods of meditation and a ten minute walking meditation. There will be a talk and time for discussion and group reflection.

All groups take place in a rented room in Town Library, Queen's Square, Aberystwyth, Wales

StoneWater Zen North London - Tony Shinro Doubleday

- The regular schedule continues with weekly sessions on Wednesday evenings and monthly classes on Saturday mornings. In addition Tony Shinro Doubleday also continues to support monthly Sunday sessions with SWZ Bromley in Kent.
- Summer Solstice all night sit at Hackney City Farm on Friday night 22 June.
- Weekend retreat at Holland House in Worstershire 8th-10th June.
- Meeting with Wild Goose Sangha in December 2018

StoneWater Zen Northampton - Alasdair Taisen Gordon-Finlayson

- Continues to meet each Wednesday evening. A few of the MedSoc students from the University Meditation Society visited the group for the regular Wednesday zazen.
- February 2017: A chilly zazenkai in that was joined by some neighbours to the north from SWZ Derbyshire.
- July 2018: Zazenkai
- Repeat visit to the University of Northampton Meditation Society
- Visited Nipponzan Myohoji, a Japanese Buddhist temple in Milton Keynes, on April 8th to celebrate Hana Matsuri (Buddha's Birthday) and gave a blessing there.

StoneWater Zen Bromley, Kent - Tim Zenki Steel

- Regular weekly sitting continue.

- **Dave Keizan Scott Sensei officiated**

- **? Jukai**

- **? Tokudo**

- **? Shuso Hossin**

- **John Suigen Kenworthy and Andy Tanzan Scott were given Hoshi on 1st April 2018**

- **Alasdair Taisen Gordon-Finlayson, Keith Shingo Parr and Dorinda Genju Talbot were made assistant teachers on 1st April 2018**